

Tryout Number: _____

Judge Number: _____

2021-2022 Tryout Sheet

Teacher Recommendations _____/20 pts

Stunting (per individual) _____/15 pts

- Hitting=1pt
- Technique=2pts
- Execution=2pts
 - Prep Cradle - _____/5 pts
 - Extension Pop Off - _____/5pts
 - Lib Bump - _____/5 pts

Standing Tumbling _____/5 pts

- Nothing=0pts
- Cartwheel/Walkover/Forward Roll=1pt
- Back Handspring=2pts
- Double Back Handspring=3pts
- Tuck=4pts
- Back Handspring Tuck/Full=5pts

Running Tumbling _____/5pts

- Nothing=0pts
- Round-Off Back Handspring=1pt
- Round-Off Tuck/Multiple Back Handsprings=2pts
- Round-Off Layout/Back Handspring Tuck/=3pts
- Round-Off Back Handspring Layout=4pts
- Fulls or Better=5pts

Toe Touch _____/5 pts

- Height=2pts
- Pointed Toes=1pt
- Rotated Hips=1 pt
- Technique=1pt

Herkie _____/5pts

- Height=2pts
- Pointed Toes=1pt
- Leg Placement=1pt
- Technique=1pt

Spirit _____/10pts

- Volume=2pts
- Energy=2pts
- Variety=2pts
- Smile=1pt

Cheer _____/15 pts

- Volume=3pts
- Add-Ins=2pts
- Motion Placement=3pts
- Sharpness=3pts
- Overall Execution=3pts
- Smile=1/pt

Dance _____/15 pts

- Motion Placement=5pts
- Sharpness=4pts
- Overall Execution=5pts
- Smile=1pt

Index Card Assignment _____/5 pts

- Missing=0pts
- Handing in=1pt
- Tryout Number=1pt
- Grade=1pt
- What team(s)?=1pt
- Why do you want to be a cheerleader?=1pt

Total: _____/100